

The Five Finger Prayer

1. Thumb - this is the finger closest to you, so we pray for those who are closest to us, such as our mother, father, brothers, sisters, and grandparents. Who else close to you needs our prayers?
2. Index finger -This is our pointing finger, so we pray for those who point the way for us, such as parents, teachers, pastors, policemen, bus drivers, crossing guards, and so on.
3. Middle finger - this is the biggest finger of all, so we pray for those with big responsibilities, like our president, government leaders, state and city leaders, and others who govern us.
4. Fourth finger - this is the weakest of all our fingers, so we pray for those who are weak, those who are sick, those who are sad and alone, those who are in hospitals and rest homes, and those who are poor and starving and forgotten by others.
5. Little pinky -this is the little finger, and it comes last. The Bible tells us we ought to put others ahead of ourselves, so we ought to pray for others first and then pray for ourselves. Pray for anything you wish to talk about with God.

As our hand is now open let us shake our hand in the air and thank God for the blessings given to us. Amen.